

## **BREAKFAST** *(Served 7:30am - 10:30am)*

**FRIED EGG SANDWICH \$8 570 cal**

*bacon, cheddar, aioli, firebrand wheat*

**BREAKFAST BURRITO \$7 600 cal**

*eggs, cheddar, potatoes, salsa*

**AVOCADO TOAST \$8 560 cal**

*avocado, ricotta, olive oil, firebrand wheat*

**BREAKFAST GRITS \$10 560 cal**

*fried egg, heritage pork bacon, cheddar*

**BAGEL WITH CREAM CHEESE** *(everything, onion or plain)* **\$3.75 340 cal**

*dairy free cream cheese available*

**ADD ON OPTIONS:** *gravlax, bacon, sausage, fried egg, avocado* **\$2**

*tomato, onion, capers, basil, arugula* **\$.35**

**SIDE BACON \$4 160 cal** **SIDE TOAST \$2 150 cal**

**SIDE EGGS \$5 120 cal** **SIDE POTATOES \$3 140 cal**

*(made without gluten option available)*

## **10" Wood Fired Pizza** *(Served 10:30am - 3:00pm)*

**MARGHERITA \$14 1080 cal**

*basil, mozzarella, olive oil, sauce*

**TOSCANO \$16 1550 cal**

*italian sausage, salame, ricotta, basil, mozzarella, sauce*

**WILD MUSHROOM \$16 1070 cal**

*forest mushrooms, caramelized onion, shaved fennel, mozzarella*

**FOCACCIA BY THE SLICE -** *Sausage* **\$5 790 cal**  
*Cheese* **\$4.5 640 cal**

**FOR ADDITIONAL MENU ITEMS, PLEASE REFER TO OUR DAILY CHANGING MENU BELOW**

# LUNCH *(Served 10:30am - 3:00pm)*

**FIRE ROASTED CHICKEN**      QUARTER **\$8**      HALF **\$15**      **280 - 680 cal**  
*Mary's free range chicken, served with your choice of fries, or dressed seasonal greens*

**IF IMPOSSIBLE BURGER**      **\$14**      **570 cal**  
*roasted tomato, lettuce, aioli, griddled french bread bun (add cheese \$.90)*  
*\*all plant based*

**CHEESEBURGER**      **\$12**      **960 cal**  
*True Grass Farms grass fed ground beef, or choose a vegetarian option, roasted tomato, lettuce, aioli, griddled french bread bun*

**BLT**      **\$12**      **490 cal**  
*heritage pork bacon, roasted tomato, whole grain mustard, greens, ciabatta roll*

**FIRE ROASTED SALMON**      **\$14**      **450 cal**  
*quinoa, roasted root vegetables, chickpeas, arugula, citrus vinaigrette*

**FRIED FISH SANDWICH**      **\$15**      **760 cal**  
*breaded McFarlands Springs trout, herbed tartare sauce, cucumber slaw, griddled french bread bun*

**HOT DOG**      **\$7.5**      **560 cal**  
*Niman Ranch frank, mustard, onion jam, french bun*

**TOASTED CHEESE SANDWICH**      **\$6**      **750 cal**  
*cheddar cheese, aioli, Firebrand wheat bread*

**DAILY SOUP**      **\$5.5**

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**SEASONAL GREENS**      **\$4**      **90 cal**  
*citrus vinaigrette*

**CHEESE FRIES**      **\$5.5**      **690 cal**  
*red chili aioli*

**BRAISED KALE**      **\$4**      **125 cal**

**FRENCH FRIES**      **\$4**      **460 cal**

**NEW POTATOES**      **\$4**      **130 cal**  
*herbs, garlic*

**QUINOA SALAD**      **\$5**      **80 cal**  
*olive oil, lemon*

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